

Greetings from the Newport 60+ Activity Center! We have been open for two weeks now, and it is so amazing to have people and laughter in this building again!

Membership is required to participate at the Newport 60+ Activity Center. The rates have been split into **Resident and Non-Resident.**

Resident: Annual Membership - \$25.35, 3 Month Pass - \$15.20, and drop-in fee for one day use of the facility - \$2.00

Non-Resident: Annual Membership - \$30.40, 3 Month Pass - \$20.30, and drop in fee for one day use of the facility - \$3.05

Just like at the Recreation Center, members of the 60+, are required to scan their membership cards at the scanner located at the North Door. Entry and exit of the building is limited to upstairs only, downstairs is emergency exit only.

CPR Certification is finally done, so the fitness classes started Monday, July 26, 2021. There are two classes that do have later start dates: Intermediate Line Dancing starts on Monday, August 9, and Silver Sneakers Classic starts on Tuesday, August 10th.

National Night Out Tuesday, August 3, 2021 4:00 – 7:00 pm

The Police Department is in the planning stages for "National Night Out," a community-building campaign that promotes police-community partnerships. In 2019 this fun event was attended by nearly 800 guests. This year the event will be held at the Newport Armory from 4:00 pm – 7:00 pm. There will be booths for City Departments and Non-Profit groups. The Police Department will supply hotdogs, drinks, snow cones and cotton candy. Come and enjoy the fun! Watch the newspaper for further updates.

First Trip of the Year!



Scandinavian Festival, Junction City, OR Thursday, August 12, 2021

Member Price Non-Member Price

\$17.00 \$22.00

The Scandinavian Festival is one of the best Northwest celebrations, ongoing since 1961. This annual event celebrates Scandinavian heritage and presents the cultures of Denmark, Finland, Iceland, Norway, and Sweden. There is a lot to do and see at this festival. Actors and storytellers in colorful costumes weave through the crowd delighting the young and old. Opportunities abound to see traditional crafts demonstrations, including Hardanger embroidery, bobbin lace and tatted lace. Most vendors only accept cash, so there are several ATM's located around the festival grounds. Trip departs Newport at 8:00 am and returns around 5:00 pm.



Oregon State Fair, Salem, OR

Friday, August 27, 2021

Member Price Non-Member Price

\$20.00 \$25.00

There is no such thing as too much summer fun! With roots going back to 1861, this is one of the nation's classic state fairs! Visit the world of X-Treme Air Dogs and be amazed as they perform stunning airborne feats. The Paul Bunyan Lumberjack show is pure action! This is the place to see amazing feats of lumberjack skills in a full-on competition. Witness the impressive efforts of

chainsaw artists working their magic on big chunks of wood. Take a stroll through the Artisans Village and pick out that perfect souvenir. So much to do and see! Trip departs Newport at 8:00 am and returns around 5:00 pm.



Meet and Greet Wednesday, August 18, 2021 1:30 – 2:30 pm

The 60+ Center Advisory Committee of Newport has created a rather exciting goal: "The 60+ Advisory Committee will continue to meet the needs of the aging population (focusing on physical structure)." This is a five-year goal.

By June, 2026 they plan to obtain funding to:

Option 1: Increase the size of the current physical building, or

Option 2: Purchase land to build a new building, or

Option 3: Purchase an existing building and complete a remodel.

The 60+ Center Advisory Committee needs your help! The workgroup is seeking two members of the Newport 60+ Activity Center to join their workgroup to help complete this goal. The group may possibly meet one time per month, but there may be months when more meetings are necessary. To become a part of this exciting work, please contact Ann Way awayjway@gmail.com or 541-270-6728, or Stu Osborn sdosborn@msn.com or 425-463-5406.



Grand Re-Opening Party/Retirement Party for Peggy O'Callaghan Wednesday, August 25, 2021

1:30 - 3:30 pm

Come and celebrate the re-opening of the Newport 60+ Activity Center, and Peggy O'Callaghan's retirement. Peggy retired on April 16, 2021, and due to covid

restrictions we were not able to properly celebrate her years of dedication to every member of the Newport 60+ Activity Center, and to the community. Come and enjoy great music, cake and refreshments!

Meals on Wheels - Newport, OR

On-site dining scheduled to resume on Monday, August 23, 2021

Meals on Wheels in Newport is looking for a few good volunteers to help cover routes delivering meals to clients on Monday, Wednesday, and Friday. Also needed is a person to work in the kitchen packaging food for the home deliveries. If you are going to be home this summer and need something fun and community-oriented to do, please contact Charlotte at 541-574-0669.

We are in the process of setting up start dates for the Prevent T2 Diabetes year-long program, Walk With Ease six-week program, Watercolor/Pastels Art class, and Learn How to Play Single Deck Pinochle. When I have more information including dates/times I will be sure to let everyone know!

All of the classes/programs offered at the 60+ are now available to sign up for online. Go to www.newportoregon.gov/sc and click on the yellow banner to browse the catalog. Also, the Recreation Center home page has really good videos on how to create an account and sign up for classes. Another option is to give me a call and I can sign you up!

I am always looking for new ideas for educational presentations, activities, trips, art classes etc. The 60+ still has volunteer opportunities: working in the office, planning parties/events, leading classes, computer/phone technical support, blood pressure checks, lounge and gift shop. Please contact me for more information.

Newport Recreation Center

Be sure to check out the Newport Recreation Center and all of the fun classes and programs that are currently being offered. Tai Chi for Health using Tai Chi for Arthritis/Fall Prevention, Cardio & More, Stretch & Flex, Fun Friday's at the Aquatic Center, Swimming Lessons, Lazy River, Water Aerobics, Water Boot Camp, Indoor Walking Track, Adult Softball League, Basketball and Pickleball to only name a few of the fun activities available. For more information on classes or events, please call the Recreation Center at 541-265-7783.

If you no longer with to receive these email updates, please let me know and I will immediately remove you from the contact list. d.kecy@newportoregon.gov, or call 541-265-9617.

Have a wonderful week and hope to see all of you at the Newport 60+ Activity Center!

Dee

Dee Kecy Newport 60+ Activity Center 20 SE 2nd St. Newport, OR 97365 <u>d.kecy@newportoregon.gov</u> 541-265-9617